



Guide
2023|2024

a path to peace education

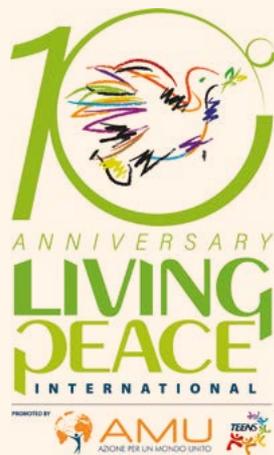
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Special thanks to all those who collaborated in the production of the Guide, sending testimonials, photos and other material.

Dear friends of Living Peace,

Another Living Peace year has come to an end (coinciding with the European school year) and an immense gratitude comes spontaneously from the bottom of our hearts to each and every one of you who, in different parts of the world, carry on the commitment to generate peace in many hearts, building bridges of fraternity between peoples and nations, between cultures and religions, between generations and also taking care of the environment and sustainability. We know that the challenges are many and to see with how much heroism and generosity you have managed to face very adverse situations, contributing concretely to overcome various social problems, this indeed edifies and motivates us. We can affirm with conviction that a current of peace reaches hidden corners of the planet and involves more and more organisations and peace foundations working in synergy, as we have seen in the many initiatives carried out in the field of integral ecology. I had the joy of visiting several countries in Africa, in the Middle East, in Europe and in Latin America: all these trips were opportunities to strengthen ties, celebrate together goals achieved and involve more and more people and institutions in the implementation of this pedagogy of peace.

The Young Ambassadors for Peace continue on the front line contributing to the culture of Peace with concrete actions: organizing summer camps and workshops, the formation of the youngest ones, social activities, participation in local Living Peace coordination groups. Others have helped out in the training courses for new leaders and ambassadors for Peace, which were conducted in 4 languages and attended by a total of 300 young people. The big Dices continue to multiply in various countries, while the creativity and commitment to get involved in building a more just and fraternal society in different spheres have encouraged the creation of new models of the Dice of Peace in schools, universities, parishes and art formation centres.

A novelty this year, that we would like to highlight, is the creation of the Scientific Committee, made up of Living Peace members, experts in various fields: sociology, psychology, pedagogy, philosophy and theology.



MASTERS OF LIFE

*We all have a master in life,
who guides us, accompanies us,
protects us...*

*There is no wiser teaching
than what nature gives us.*

*The river that teaches to flow
and not to remain stagnant,*

*The wind that teaches to fly
and not to fall,*

*The tree that teaches how to face
all problems,*

*The sun that teaches to wear
always a smile...*

They are the best teachers

That a person can have

*... they are present in the
environment.*

Let us give them care and love.

Trinidad Antoniazzi Albert

12 years old, Argentina

THE GOLDEN BOOK OF THE CHILDREN
OF THE EARTH, Universal Circle of
Ambassadors of Peace Switzerland/France

It has the task of giving a more “scientific” form to the project, which is now over ten years old and contains various dimensions that deserve an in-depth study and an interpretation at an academic level, which will contribute to a greater impact and enhancement of the project itself. In addition, a three-year journey has begun in which AMU, through Living Peace, is a protagonist in a project co-funded by the European Union, AFR.E.S.H. (“Africa and Europe, Same Horizon”).

It provides for virtual exchanges between persons, young people and adults, from countries in Africa and Europe on various topics, including Education for Peace. The first Living Peace exchanges proved to be rich in their variety of experiences and fostered new links between educators present from several European and African countries!

For this year, we propose a motto, which is the one suggested by Youth for a United World: “Embrace Humanity, Spark Change”, which wants to encourage us to be closer and closer to those who suffer, uniting ourselves to find solutions, to build inclusive societies where everyone can feel at home and that this home may be beautiful! In this line, one event will be particularly important in 2024: the Genfest to be held in Brazil in July in the city of Aparecida with the title ‘Juntos para Cuidar - Together to Care’. Thousands of young people from all over the world will come together to experience days of

sharing and commitment. Living Peace will be among the protagonists, with the presentation of life experiences and the organisation of three days of deepening and reflection on themes related to peace.

We are all protagonists, each one in our own environment, giving our best and nurturing a worldwide network that will continue to give hope and open paths to peace in the world! In the Guide you will find traces of several topics mentioned above and much more! We hope that it will inspire and motivate you on this path of formation and implementation of the Culture of Peace in the different environments in which you are immersed. We are always happy to receive your comments and contributions!

With the team of Living Peace International, I am, we are with you all and enthusiastically continue this adventure together!

Carlos Palma
International Coordinator

The project

Living Peace is a project promoted and supported by the association [Azione per un Mondo Unito – AMU](#). AMU has been supporting the project for the past six years not only financially, but also in the organisational management and in the training of young people and adults, at national and international level, thanks to its experience in this field, also recognised by the Italian Ministry of Education.

Living Peace International is a peace education programme for teachers, educators, children and teenagers of all school levels and for youth groups.

As of today, more than a thousand schools and groups are involved in the project and more than one million children and youth are reached by its initiatives in the five continents.

Living Peace International aims to strengthen collaborations between people and groups to build a “network” of peace that embraces the whole world. Living Peace, in fact, is also a platform, thanks to which over 80 international organisations, in synergy with the project, share peace initiatives and actions and then, each one proposes them to one’s own networks.

[Living Peace International](#) is based upon two pillars, the practice of the [dice of peace](#) and the [time-out](#) for peace.



The project wants to promote the methodology of **6x1 - Six steps for one goal**: a proposal conceived by the Teens for Unity Movement, starting from the methodology of Solidarity Service Learning.

The “6x1” develops the ability to look at one’s own context and, together with one’s group, positively impact on it through six stages: **Observe. Choose. Involve. Plan and Act. Evaluate. Celebrate.**



If you also want to be part of this worldwide network of education for peace, sign up here:

livingpeaceinternational.org/en/registration2.html

The 6x1 methodology

6 STEPS FOR 1 GOAL

Peace can seem a distant and difficult ideal to achieve and it can be discouraging not to see the results of our actions.

The 6x1 is a proposal conceived by the Teens for Unity Movement, starting from the Solidarity Service Learning methodology, to help young people plan peace actions in an effective and participatory way. It gradually develops in the group an overall “vision” of the city or neighbourhood; it allows us to identify the real needs of the area in which we live and to focus our specific contribution.



OBSERVE LET'S LOOK AROUND

Let us approach the local reality by strengthening our ability to observe the ‘grey spots’ and ‘listen to the groan’ that emerges from the reality in which we live. It is precisely by personally touching, with our own hands, the pain of others, the problems and injustices that exist in our neighbourhood or in our city that the indignation and anger in us will become motivation and driving force for the change we want to bring about.



CHOOSE LET'S ADD UP THE IDEAS

Let's evaluate together what we have seen, heard and collected. In a participating process, we decide where it is most urgent and important to take action.



INVOLVE TOGETHER WE ARE STRONG

Together we are stronger. Let's talk to those who are directly involved in the problem, identify people or groups who have knowledge, experience or skills that could help us solve it. Are there other people or associations in the area working to solve the same problem? Let us consider how to join forces to achieve the common goal.



PLAN AND ACT BY GETTING OUR HANDS DIRTY

Let's carefully plan our action, share the tasks, plan the steps and then... hands on!



EVALUATE KNOWING HOW TO IMPROVE

This is a cyclical and transversal stage that characterises the whole 6x1 journey: it is important to stop regularly to reflect and understand what we are experiencing, to identify what we are learning and what it has to do with the identity of our group. Are there good experiences among ourselves or together with the project receivers? What are the difficulties that emerge and how can we best resolve them to pursue our goals? Let us share them to encourage one another and help us grow together, overcoming the difficult moments.



CELEBRATE/COMMEMORATE LET'S CELEBRATE

At the end of a significant stage for the project or after an important period of time in our journey (for example, after a year) we meet for a moment of celebration among us and with the whole community. Let's review the stages we have lived through, the goals we have achieved and those still to be pursued, and we acknowledge and thank each participant for the contribution they have made so far.



The 6x1 material has been updated by the Teens for Unity Movement. Those who wish to receive further information can write to centrogen3.rpu@focolare.org

6X1 Experience

For this session, we propose an article that introduces us to the Democratic Republic of Congo and presents a lesson adapted to the context, applying the 6x1 steps.

A WORLD FOR ALL - CITIZENSHIP

The DRC has experienced conflicts for almost three decades. Despite the constraints of war and the scale and complexity of the challenges of national reconstruction, the Democratic Republic of Congo - DRC strives to maintain its values, which are often put to the test. Beyond this picture, there is a glimmer of light in sight!

However, peace is built on a daily basis through macro-activities and the countless very simple meetings among the citizens.

In contrast, we are often confronted with prejudices, rumours... Consciously or not, we are, in a way, their authors.

According to the UNESCO manifesto, 'wars are born in the minds of men'... Hence the need to build true peace through education.

This is how Living Peace International offers a practical and attractive course that enables young people of all latitudes, ages and social classes to make an impact in our living and working environments; an art of living together, called the art of loving, using a six-sided dice.

Based on our cultural and educational context of reference, we want to offer this path starting from kindergarten, not only at university level; what we see, is that the DRC trains Peace Educators through 5 years of study on the subject of peace. These educators have learnt all possible strategies to maintain, prevent or resolve conflicts, but we realise

that there is one element missing: to start this process from the youngest ones.

Considering the socio-political context of the DRC, we decided to choose some topics that can help children from an early age, referring to the methodology adopted by Living Peace, **the 6x1 (Six steps to a goal)**, and inserting at the same time some concepts



that can easily have a direct impact in our society.

We therefore propose an example of a typical lesson that can be presented to students in the last year of primary school.

Objectives:

- To raise young people's awareness from an early age about their participatory potential in building sustainable peace
- To promote respect for others and their environment
- To promote the unity, solidarity and autonomy of each individual.



1. TO OBSERVE

Brainstorming from the images that will be presented to the children, showing the reality of their own country and proposing some questions:

- Differences - complementarity between girls and boys
- Do we see the reality in the same way? Is our way of seeing and analysing a situation or a fact different from the other person?
- Discrimination: are we all citizens in the same way?

2. TO THINK

Deepening

- Introduction
- Explanation of key concepts:

a. Who is a 'citizen'?

- The authority of the urban/rural centre?
- The 'leader' of the neighbourhood?

- Is he/she the one who loves the country and its people?
- Is he/she the one who loves the country and tells the truth?
- Other things?

b. Do you know anyone you can call a citizen? (Parents, educator, neighbour, teacher, friend, other...) and why?

3. TO INVOLVE

Our commitment

What can I do in my environment to become a citizen and encourage others to become one?

4. TO ACT

Workshops (theatre, poetry, others)

In groups, choose a commitment and present it to the class in the form of a play, theatre, poetry or any other way.

5. TO EVALUATE

Experiences and concluding remarks

Propose a self-assessment of individual and group work: was everyone listened to in the same way? Was everyone involved in the same way?

6. TO CELEBRATE

Play a game together

N.B: This step can be done within the school, the same way that it can be done with the schools in the city or with the students who are in the process with games, exchanges of experiences and various artistic achievements that the students have produced.

Long live the march for peace!

Ernestine NSII KINYABUUMA

university lecturer in the course "Peace Education and Conflict Resolution" at the Higher Catholic Pedagogical Institute (ISPC), Democratic Republic of Congo



Annual appointments



21st September International Day of Peace

On 30th November 1981, the UN General Assembly established the International Day of Peace. In 2001 it was decided that the International Day of Peace would be celebrated every 21st September, and the United Nations for this occasion invites all countries to cease hostilities and to promote educational actions that raise awareness and promote peace. Living Peace International proposes to all its members to actively participate in this event, an occasion to remember the importance of their commitment to building peace.

[Click here for further information](#) 



30th January School Day of Peace and Non-Violence

*“You and I are one:
I cannot hurt you without
hurting myself”*
M. Gandhi

This day wishes to draw the attention of politicians, leaders, teachers and educators to the need for continuous training in non-violence and Peace; it is necessary to educate in solidarity and respect for others “Since wars begin in the minds of men, it is in the minds of men that the defences of Peace must be built” (UNESCO Constitution, 1945). The choice of the date of 30th January is not accidental, but coincides with the anniversary of the murder of one of the greatest defenders of peace, non-violence, justice and tolerance among peoples: Mahatma Gandhi. The 30th of January can be an opportunity to publicly demonstrate their path/ commitment to peace and Living Peace International invites all its members to participate actively in this anniversary.

[Click here for further information](#) 



United World Week Run4Unity

In the first week of May, the Youth for a United World (**Giovani per un Mondo Unito**) of the Focolare Movement proposes to the whole world the **United World Week – SMU**.

During these days, actions, events, initiatives that contribute to building peace and universal fraternity will be carried out individually or in groups.

Every year the SMU proposes a theme to live and deepen. All participants of Living Peace are invited to take part in the United World Week 2024, entitled **Embrace Humanity, Spark Change – let’s build cities** that are more inclusive and to enrich it with different proposals and activities.

For more information:
www.unitedworldproject.org/en/embrace-humanity/ 



One of the actions proposed as part of the United World Week is the **Run4unity - relay for the unity**, which takes place in hundreds of cities on the 5 continents, at the initiative of Teens for Unity (**Ragazzi per l’Unità**), one of the promoters of Living Peace. Hundreds of thousands of boys and girls of different cultures and religions from 11.00 to 12.00 of each time zone run together to witness their commitment to peace and promote a tool to achieve it: the Golden Rule.

Sports, social and artistic activities are also organized, involving young people and adults, to symbolically extend a rainbow of peace over the world.

The schools and groups of Living Peace are invited to participate and be protagonists of this worldwide relay of peace, which unites the farthest points of the planet.

For more information, write to centrogen3.rpu@focolare.org 



Artistic events



Canto pela Paz (Song for Peace)

An annual initiative created together with the Canto pela Paz Association and AMU Portugal, that consists

of an international online concert, the aim of which is to bring together young people from different religions, churches and cultures to build peace through the art of music.

[Watch the video](#)

Competitions



International competition of essays for young people

UNESCO Global Action Program (GAP) activity on Education for Sustainable Development (ESD),

organised by **Goi Peace Foundation** to enhance the energy, imagination and initiative of the youth all over the world and promote a culture of peace and sustainable development.

[Click here for further information](#)



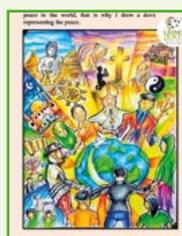
Peace Got Talent

Every year, during the United World Week, Living Peace promotes the Peace Got Talent

in collaboration with different schools in the project's international network.

The **Peace Got Talent** is an online talent festival, where the protagonists are young artists from all over the world, of different cultures and religions, who spread the values of peace through music and dance.

[Watch the video](#)



Peace Pals International Art Competition

This is an initiative created by **Peace Pals International** in which children and young people from all over the

world are invited to submit their artwork to the *Peace Pals international Art Exhibition & Awards*. Each year a different theme is proposed that stimulates to represent values of peace.

[Click here for further information](#)

Nominations of the Young Ambassadors of Peace

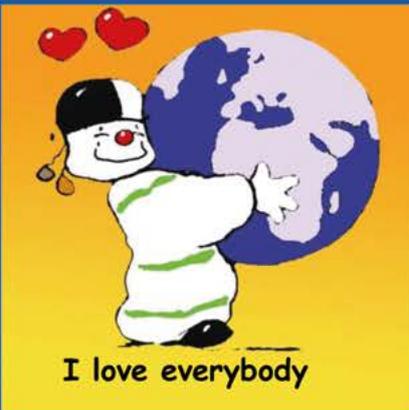
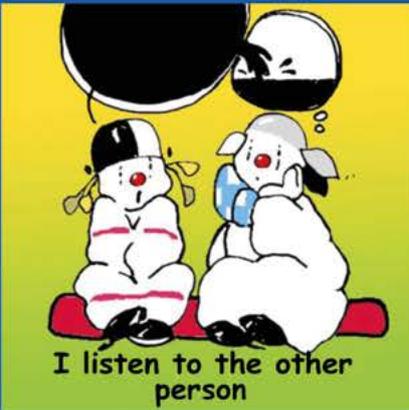


Children and young people can be nominated to become Young Peace Ambassadors. Those who have distinguished themselves through special solidarity and peace actions will be awarded this title and the responsibility of Peace Ambassador. Activity carried out in partnership with the **Circle Universel des Ambassadeurs de Paix (France – Suisse)**.

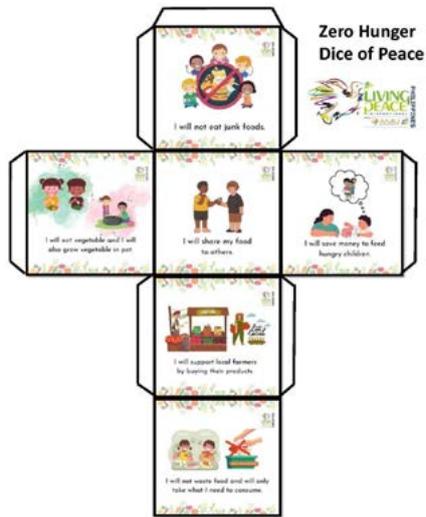
Since 2022, a specific course has been held in various languages for young people who want to make a more concrete commitment to peace and apply to be Young Ambassadors of Peace. We will send you more information during the year.

[Click here for further information](#)

Build your Dice of Peace



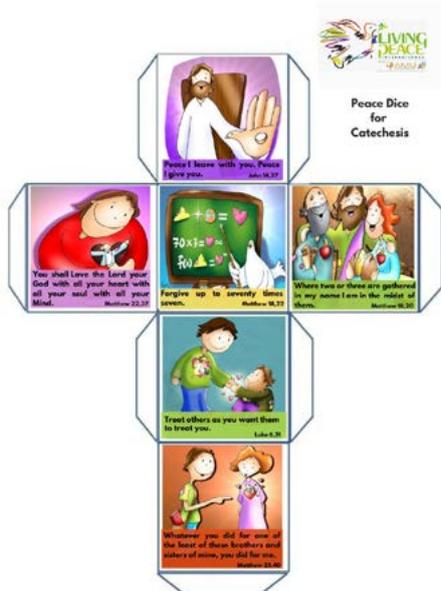
Find out other versions of the dice



Zero Hunger Dice of Peace

Zero Hunger Dice of Peace

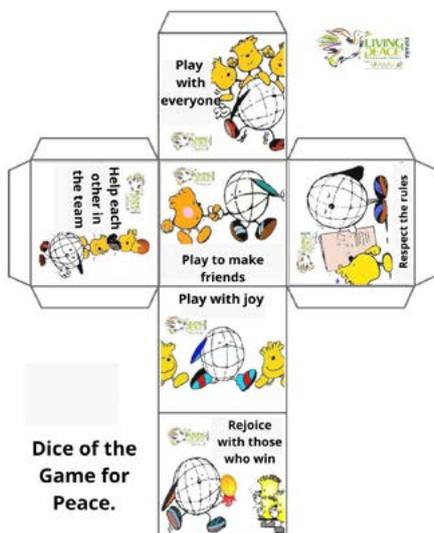
[Download here](#)



Peace Dice for Catechesis

Peace Dice for Catechesis

[Download here](#)



Dice of the Game for Peace.

Dice of the Game for Peace

[Download here](#)

The Dice rolled and lived in the world



This year we are happy to share with you concrete experiences inspired by the different dices that were born in the Living Peace network. They have in common the following: to encourage positive actions that create peace, either in interpersonal relationships, in relation with the Nature or in social relationships.

DICE OF PEACE

I love everybody

I am an educator and I usually create flyers for some events and to put into practice the experience of the dice, I thought: how can I love everyone? And now when I create a flyer, I try to remember all the people and especially a friend who lost her sight a long time ago. So, for every flyer I also remember to do the audio description for her. And in the midst of my week's activities I always dedicate myself to this service of love, care and peace. She said to me: "You lent me your eyes! So I can see too".

Amelia Silva,
Educator - Brazil



In Bujumbura, we met up with other children to participate in the initiative called 'Tiritaho' (which means to care in the Burundian language) aimed at our city. We went to collect plastic and rubbish in an important public park where big cultural events take place. Then, we also wanted to take care of lonely people, and so we went to visit an elderly home. We sang, danced and listened to their stories. We had a great time. Some were over 100 years old!!!

Children of the Focolare Movement in Burundi

The peace ambassador students of the Eloy Alfaro Military School went all the way to the rural school in Pambamarquito, taking the Peace Dice along with gifts, books, educational games, clothes in good condition for the children and refreshments, as well as delivering letters made by sixth graders with messages of peace. (...)

Giovanna Tamayo, Educator - Ecuador

(...) We visited the refugee camps in KANYARUCINYA (near to Goma). We met with ninety children, trying to give them a message of hope despite the situations they are going through. They told us about the way they live in these camps. We encouraged them to make peace actions to counter the violent rebellion that can grow in these contexts and that is not good for a bright future. Before we left, we also shared with them some cookies we had brought.

Members of Living Peace
from Goma - D.R. CONGO

Being the first to love

I played a game my partner liked, and I helped my parents at home even though I wanted to play. The other day, I comforted a girl who was crying because she had fallen down and took her to the teacher so that she could take care of her.

Diego, 9 years old - Spain

I was in an ice cream shop and a little boy was trying to get a stuffed animal out of a machine, but he couldn't get it out and started crying. So, I bought a token, managed to get one out and gave it to him.

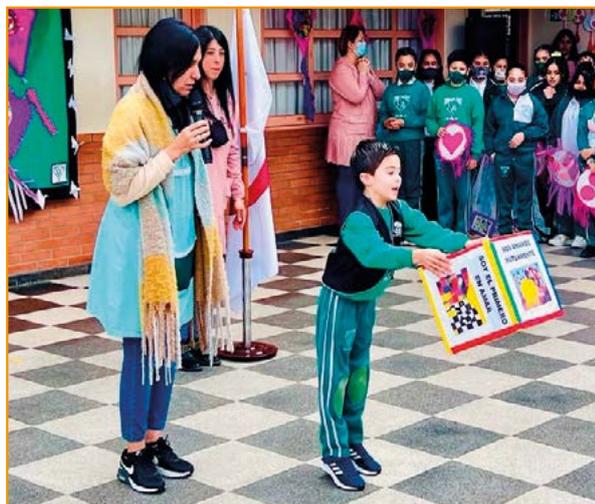
Lucio, 13 years old - Argentina

My parents offered me to go and visit a tourist site. In the bus everyone wanted to sit, and two boys started yelling at each other to get a seat. Their tone was rising and they wanted to fight. So, I got up and let them have my seat. The situation calmed down. When we arrived at our destination, some adults congratulated me. One of them called me "champion".

Jarrel, 9 years old - Benin

We love each other

We wanted to live the Golden Rule with the cleaning staff of our school and prepared them a breakfast and wrote a letter: "with this letter



and this gift we want to thank you for the effort and work you do every day to keep the school in conditions so that we can learn better. We hope you enjoy this gift and know that the first year thanks you for everything you do for us as well as the other students of the institution and also the teachers who can educate better. Anyway, thank you and enjoy".

Students of Maria Madre de la Iglesia School - Argentina

We offered an hour of singing to the children in the Yangon hospital!!!! (...) We also offered snacks, milk, decorations made by other groups, at the same time the hospital children wanted to sing for us and offer us some drawings! A beautiful moment of reciprocity!!! Then one person from the group was able to share her experience when she was sick for a long time as a child. She was healed and now she can sing for them.

Members of the choir - Myanmar

I listen to the other person

During a 10 days camp we visited people from a foreign village, and we listened to their story, the difficulties they have. (...) The name of the camp was "the land of windows" and it was about opening the windows to others, embracing diversity, accepting others in our environment and getting to know the other person who is different from me without judgement and with a big heart. In listening to the other to the bottom.... bring peace to their hearts and transmit it in every possible way!

Maria and Fouad, Young Lebanese Ambassadors

(...) My mother and I went to visit my grandparents. My grandfather has Alzheimer's and I didn't care much for him since he didn't remember me anymore. My mother had to go out (...) with my grandmother (...) and they asked me (...) to look after my grandfather. At first, I didn't take it well, because he no longer spoke to me. Then I remembered the phrase "listen to the other". So, I sat down next to him and, to my great surprise, my grandfather recognized me and we had a long conversation about my childhood. It was a great joy (...)!

Maria Eduarda, 12 years old - Brazil



I had a problem this week with my colleague F. because she had broken my ruler, and she also lost the pen, which I had lent her. Thanks to the Forgiveness theme, I was able to forgive her, because I understood that love is also about forgiveness.

Joséphine, 12 years old
RdC Goma

I forgive the other person

P* (...) kept a lot of sadness and anger in his heart towards a group of boys in the neighbourhood where he lives, after being victim of violence several times. In one of these many occasions (...) he had been thrown among the waste along the street. On that day, (...) his mother decided to transfer him to another school, where P* arrived with a baggage of sadness and feelings of hatred and revenge. At the new school, however, his perception of life and the world began to change when P* learned about the "magic cube," as he calls the "Peace Dice". P* decided that he no longer wanted to take revenge on those who had treated him badly and decided to make an effort to forgive in his heart the evil that had been done to him, besides dedicating himself more to his studies and collaborating in the dynamics of the culture of peace in his school and family environment.

Bibiano, Educator - Manaus - Brazil



DICE OF PEACE FOR PSYCHOLOGY

To love in diversity - accepting my diversity, I'm able to love the others diversity.

One day, a mother of a disabled boy phoned me. At his school, they had assumed that he would not be able to enter the university. (...) We worked with counselors, teachers and students as to allow a transition to university that would not hinder his abilities. Today he has concluded his degree and is finishing his internship at a foreign university.

José Luis Cabezas, University teacher and Responsible for people with disabilities - Spain

DICE OF GOOD HABITS

Kindness

(...) Trying to put into practice this principle of kindness (...), I focused on being able to perform household chores that in many occasions in my case my mom does, and although I am currently performing my job functions from home, I dedicated a few moments to be useful with these tasks.

Miguel Lozano, Architecture student - Bogotá



DICE OF PEACE FOR CATECHESIS

Forgive seventy times seven (Mt 18,22)

One person said something to me that bothered me, from that moment I didn't want to look at her anymore. But remembering the Gospel phrase of "forgive seventy times seven," which came out on the Dice that day, I changed my attitude. I started talking to her, taking an interest in what she was doing, and I felt a great Peace in my heart.

Treat others as you want them to treat you (Lk 6,31)

I usually play with my friends, but one day at school I saw a boy who was alone and I went to play with him, because I thought, 'If I were alone, I would like someone to come and play with me'.

Students of catechesis - Spain



DICE OF PEACE FOR THE GAME

I enjoyed playing with classmates from other classes, that's how I got to know other children, that's how I lived the phrase of the dice: "Playing to make new friends".

Willian, 9 years old - Spain

"The dice helped me to always play with joy even when others won, so I lived the phrase, "Rejoice with those who win".

Cristian, 10 years old - Spain

DICE OF PEACE FOR ECOLOGY

Since I rolled the Dice and it came up with the phrase, "To save water," I put a bucket to collect the cold water that comes out in the shower before the water heats up and then use it to water the plants or flush the toilet.

Maria, 11 years old - Spain



When I see the light on in my house and we don't use it, I turn it off.

Lucas, 5 years old - Peru

I like trees and I take care of them. In my house I have plants and I water them.

Dany, 5 years old - Peru

Good Practices

Below are some good practices that can inspire our work for peace. Thank you to those who gave us this gift! Surely you too will have other good practices to share with the whole world and make the network of peace richer.



What are you waiting for?
Send them to
info@livingpeaceinternational.org



Special Talents in the service of Peace

Input

Everyone is called to be a Peacebuilder.

Protagonists

Educator and “special” people.

The Special Talents project is a special protection service for people with disabilities aged between 18 and 59.

Performance

- The time-out is carried out with the participants and consists of pausing, breathing and reflecting with positive thoughts to the peoples who are going through conflicts. But it is also an occasion for participants to learn to think before reacting to a challenging situation.

It is an opportunity for all involved to calm down and find peaceful and constructive solutions, also aided by the use of the Dice of Peace

- The project, besides focusing on personal and social development, also seeks to promote environmental awareness and social responsibility. Some initiatives are promoted in this sense: planting trees and collecting bottle seals and bottle caps to help the Cancer Hospital.

Results

- The time-out and the Dice of Peace used daily have been a valuable tool to help people with disabilities deal with moments of tension, as well as develop skills to resolve conflicts.
- Creation of green spaces accessible to all
- Annual planting of white and yellow “Ipês” trees in celebration of Environment Day.

Impact

- Work to raise awareness not only among people with disabilities, but also among society, about the importance of inner peace, harmony in relationships and preservation of the environment.
- With seeds harvested last year, in 2023 seedlings were made for planting and donation.

Daniela M. Ribeiro, educator



Reforestation project *Guardianes Verdes* (Green Guardians)

Input

The Dare to Care pathway, focused on caring for the environment.

Protagonists

Members of the **Movimiento Atrévete**, born in July 2021 inspired by the Dare to Care pathway and the initiatives of the Living Peace International Project, and volunteers who joined in the different activities.

Performance

1st activity: with a group of volunteers, they started cleaning a communal area called “Hill of the Virgin of Fatima”, which was a meeting point for families.

2st activity: planting of 100 trees in the hill of the Virgin of Fatima.

3st activity: extension of the project to the entire city: seeing the enthusiasm of all those who gradually joined the first group, this desire was born. To materialise it, contacts were made with other organisations, with institutions in the city, letters and requests were sent, but without results.

The positive response came from the Fundación Grupo Mexico, which included the *Guardianes Verdes* (Green Guardians) in a national call for Reforestation projects.

Three months of work to assemble the necessary documentation, to take a population census, to indicate the direct beneficiaries, to present the soil study, among other requests.

The Project was approved with the delivery of 16,000 trees to be distributed to:

- all schools in the city, to promote care for the environment and respect for mother nature, to be cared for by students and their teachers and even by the parents;



- parks and gardens in the municipality to make these public spaces for family leisure more liveable and alive;
- a green spot (a future ecological park) entrusted to municipal authorities and farmers, with the aim of having a green lung within the city;
- Committees of the farmers to plant them on their land or in communal areas to protect their crops as windbreaks, as well as to attract more and better rainfall, and prevent the erosion of fertile soils.

4th activity: to transcend one’s own city and reach neighbouring ones with another project: Green Triangle involving 10 cities with a more ambitious goal: to save the mantles of the aquifers in the area, where they already suffer from the lack of water. This project was also approved!

Results

- 8 tonnes of rubbish were removed from the Virgin of Fatima hill, returning the space to the use of the population.
- 100 trees in 1 month became 1,000! They became 16,000 in three months and then 144,000!

- Involvement of the local population: volunteers, children, young people, adults who helped unload the trucks (18 for the delivery of the 144,000), allocate and plant the trees.

Impact

The Projects started a green revolution that has changed in the populations involved the way they see nature and is creating, in the different generations, the culture of reforestation.

Members of the Atrévete Movement

Plogging in the city



- An email was sent to the city's Director of Environmental Policy, asking for an interview to present the project.
- Positive response and interview with the Director of Environmental Policy, very passionate about what she was doing. She responded openly to the students' requests and questions, also introducing them to the reality of 'Rain Gardens', like flowerbeds, but with the task of managing and controlling large quantities of rainwater and allowing it to be reused.

- Throwing of the Ecological Dice at the end of the meeting, and the phrase that came out: I will practise the 3Rs. Those present pledged to live it more carefully. The office manager emphasised the importance of engaging in waste reduction. At the end of the meeting, it was decided with the students to modify one sentence of the ecological dice, adding the sentence she suggested, and donate it to her Office and the Service Office.

Input

Plogging campaign launched by Living Peace.

Protagonists

4 classes of the *Liceo scientifico Galileo Galilei* high school.

Performance

- Raising students' awareness of the link between Peace and caring for the environment and explanation of the plogging activity to be carried out in 2 days.
- Outline of the route and request to each student to arrive on the day of plogging equipped with gloves and bags for collection.
- During plogging, in addition to collecting waste, waste sorting was also done.
- People met on the street were involved through interviews and explanation of the meaning of plogging and were invited to do it too.

Results

- A cleaner angle of the city and sensitised citizens
- Involvement of all students, including those in wheelchairs, and development of their civic sense
- Donation of gloves and bags for the second plogging day by the Office of Environmental Policy.

Impact

- The director of the Office of Environmental Policy has promised to place more litter bins and containers for cigarette tips in public areas and to raise awareness with posters and signs.
- A project is being developed with the proposal of a plogging for the city and the schools on the 3rd October, World Habitat Day.

Giulia and Santi, Young Ambassadors for Peace from the Galileo Galilei School with Margherita d'Aquino, teacher



- The inspection team from Private Schools invited their own colleagues from Public Management to join the proposal.
- The pupils internally chose the design that would represent their school, according to the levels of education.
- The drawings chosen by each school were uploaded to the Department of Education and Sport website and, through a vote in which the whole community participated, the drawings to compose the Dice were chosen.

Results

- Living Peace reached the 89 schools involved in the project, where workshops and various kinds of art exhibitions were also held.
- The Department of Education and Sport of the Municipality of Merlo financed and produced the Big Dice with the chosen drawings, representative of each level of education.
- The inauguration of the Big Dice was attended by the Mayor of Merlo and the entire team of the Department of Education, managers, representatives of the schools, students and the community of Merlo.

A Big Dice with multiple hands and schools!

Input

The definition of a motto by the General Directorate for Private Schools: Schools in Action! In a Regional Department of this Directorate, Education for Peace was chosen as the line of action.

Protagonists

Students from schools in District 8; members of Mimos para tus Ojos, Jurec, Young Ambassadors for Peace and members of Living Peace in Argentina.

Performance

- The team conducted several awareness-raising and training workshops for teachers, board members, parents, and students.
- The Big Dice proposal came from the members of Mimos para tus Ojos, who presented the Living Peace International project to the commission of inspectors of the different levels of education: kindergarten, primary, secondary, special, professional and higher education.

Impact

Performance of the *Peace Festival*, in the Merlo Theatre, with participation and artistic events of the schools, with the presentation of Living Peace and the appointment of two new Young Ambassadors for Peace. 700 people were present, including 35 inspectors from public and private schools.

Lia Dollinger and Beatriz Moraca,
Mimos para tus Ojos



Sowers of Peace Project

Input

Listening to the other - listening to the voice of nature calling for its preservation.



Protagonists

Students and teachers of the SEB School.

Performance

Stage I: building panels with mandalas of peace that express the meaning and importance of peace in nature, in the family, at school.

Stage II: Day of “Enough”: Act of awareness about the need to preserve nature with visits of students in the various environments of the school presenting curiosities and guidelines regarding environmental preservation.

Stage III: I sow peace:

- A.** Identify yourself as a builder of peace through a “botton” and especially in the practice of kindness with the promotion of attitudes that express care for others and for the environment, such as:
 - Welcoming the teacher at each beginning of class: leading the teacher to the classroom, carrying his belongings, glass with water on the table; necessary assistance.
 - No physical or verbal aggression towards each other.
 - The teams of each class sought to get to know each school employee (there was previously the coexistence without even knowing

the name of some employees: cleaning assistant...), from there we started the action: “adopt an employee”: promotion of dialogues with compliments to raise self-esteem; messages, treats...

- B.** Stance against noise pollution: avoid excessive sounds and movements in corridors and classrooms.
- C.** Exit for breaks mediated by teachers.

Results

Quieter classrooms; more harmonious classes; kinder students; greater concern for maintaining cleanliness; tranquillity in the corridors; closer and more affectionate relationship with the staff (who are recognised by name).

Impact

- Guaranteed learning for life about caring for each other and for nature.
- With the promotion of peace, some values that had been forgotten began to be rescued, such as respect, kindness, care for others, for environments and for nature.

Rosinei, teacher



Diffusion of the Living Peace project in the year 2022-2023



Peace does not stop! Despite the challenges and uncertainties, numerous initiatives have been promoted in presence and online to spread and build the culture of solidarity and fraternity! Here are just a few examples of artistic, training, project presentation and sharing events to promote peace and its values:

Italy - Second International Congress

LIVING PEACE THE TIME OF PEACE
FOR A RESPONSE OF PEACE TO TODAY'S CHALLENGES
1-4 DECEMBER 2022, CASTEL GANDOLFO (ROME) ITALY
Deepening strategies for Peace
Sharing testimonials and workshops
Living an intercultural experience and dialogue

Mexico - School Peace & Non-Violence Day

Día Escolar de la No Violencia y la Paz
30 DE ENERO
FOMENTANDO EL PARTICIPA EN ESTE PROYECTO FAMILIAR DESARROLLANDO LA PAZ.
* Realiza un cartel en familia o tu solo (columna) y entérgalo durante la semana del 23 al 27 de enero en la recepción del colegio.
* La exposición para los padres de familia, será el lunes 30 y martes 31 de enero, durante la hora de la salida.
* La invitación es para TODOS los niveles.
* El único requisito es que debes volver tu imaginación y utilices los materiales que tú quieras, si son reciclados mejor!
* Ruega a los niños todos poderosos, se unan a mí para construir la paz del hombre y la paz del mundo!
* María Guadalupe
Asociación de Padres y Maestros de la PDI en las Escuelas de la Zona 13, 15, 16 y 17, 20

Philippines - Dare to Care

#DARE TO CARE
"DARE TO CARE in OK (Oplan Kalusugan) sa DepEd"
Camarines East Integrated High School
San Simon, Camarines City
Day 1: PEACE
January 30, 2023
"On the Other Side: Giving Alternative Options to Avoid Drugs"

Brazil - Awareness Raising Event

Semana de Incentivo à leitura 2023
Projeto Living Peace Internacional
Um percurso de educação para paz
Dado da paz
Participação especial:
Marilda Souza - Amélia Silva - Valéria Oliveira
Responsáveis: Gestão - Coordenação Pedagógica
17 a 20 de abril
A paz é um bem!

Brazil - Drawing Competition

I CONCURSO DE DESENHO: ILUSTRA AÍ!
65 ANOS
INSCRIÇÕES ABERTAS ATÉ: 16 DE MAIO, 2023
TEMA: CULTURA DA PAZ E DIREITOS HUMANOS
Participe!
PROPAGAR A IMPORTÂNCIA DA PAZ NO MUNDO TAMBÉM DEPENDE DE NÓS!
Retire sua ficha de inscrição no solo de leitura (2º, 3º e 5º febre - das 9 horas das 11 horas) - de segunda a sexta-feira e com o Professor Meire (ARTE) em seu solo de aula.
Prêmios:
1º lugar: colírio de som gravado - 2º lugar: kit de pintura (1 aquarela e 1 conjunto de lápis de cor 12 cores) - 3º lugar: 1 kit de lettering (caderno e canetas).

Portugal - Peace Event

Juntos pela Paz
TORRES NOVAS
22 SETEMBRO 2022
PROGRAMA
09:30 Inauguração do Stand da Paz
10:00 Concentração de Todos os Participantes
Parque Alexandre
10:45 Início da Caminhada
13:15 Dinâmica ao Jardim das Rosas
13:30 Fim do Evento

Italy - Dice of Peace Inauguration

Trasmisione di "Peace Got Talent" e Inaugurazione del Dado della Pace
LUOGO: Centro internazionale del Movimento dei Focolari (Rocca di Papa, ITALIA)
Giorno: sabato 6 maggio
Orn: Trasmisione: 14:00
Inaugurazione: 15:30
Vi aspettiamo!

Switzerland - Meal sharing

REPAS DU PARTAGE
Venez nous rejoindre le JEUDI 23 FEVRIER Entre 17h00 et 20h00 SALLE BOULAC, SAXON
Organisation: Les Enfants aux Mains Ouvertes
« Partager l'Amitié, c'est la laisser grandir »
TREMLEMENTS DE TERRE EN SYRIE ET EN TURQUIE

Brazil - Living Peace Events

Visita ao fundador e coordenador mundial do Projeto Living Peace Internacional
Carlos Dario Palma Lema
Visita ao Regional Santa Maria
Em Igarassu/PE - Dia: 9 a 11 de junho
Escola Municipal Dailce de Melo Fonseca
INSTITUTO MUNDI UNDO

Argentina - Educators' Meeting

VREDESOPVOEDING @HEEFT KANSEN
Ontmoeting met Carlos Palma - Rotterdam
Verleevend educatief antwoord op de gevolgen van groeiend individualisme.
Carlos Palma, doctor honoris causa vanwege het internationale succes van Living Peace, deelt zijn ervaring en methodes om kinderen, jongeren en volwassenen te inspireren om protagonisten te worden van een rechtvaardigere en vreedzaamere wereld.

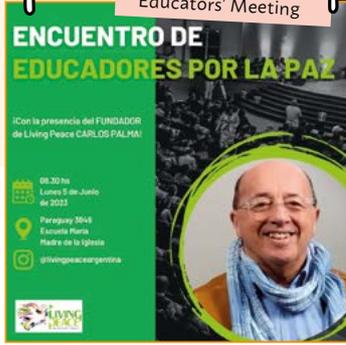
Paraguay - Run4Unity

LIVING PEACE PRESENTA RUN 4 UNITY INTERNACIONAL
CORRECAMINATA POR LA PAZ EN SIMULTANEO CON OTROS 200.000 JÓVENES EN TODO EL MUNDO!
7 DE MAYO DE 2023 - 11:00 AM.
CENTRO MARIÁPOLIS-LIMPIO

Online Exchange - AFR.E.S.H Project

AFRESH AFRICA AND EUROPE SAME HORIZON
Living Peace International
AFRESH INTERCÂMBIOS EM LINHA
3 reuniões/intercâmbio entre educadores de países africanos e europeus de língua portuguesa, francesa e italiana, com traduções simultâneas.
DATAS
15 de abril 2023
13 de maio 2023
HORARIO
10:00 h Kinshasa e Portugal
12:00 h Lubumbashi, Bulungwari e Itália
PÁG. INSCRIÇÃO-SE: <https://forms.gle/5t9pD8m0207>

Argentina - Educators' Meeting



Switzerland - International Online Event



Brazil - Peace march



Italy - Plogging



Egypt - International Peace Day



Uruguay - Big Dice Inauguration Concert



Portugal - Plogging Challenge



Uruguay - Living Peace Presentation



Spain - Peace Sculpture Exhibition



Lebanon - Seminar for Peace



DRCongo - School Peace & Non-Violence Day



Spain - Peace International Day Event



Bolivia - Run4Unity



Jordan - Run4Unity



Philippines - Plogging

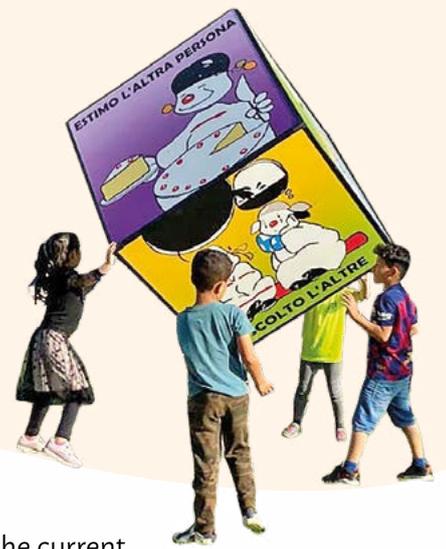


Paraguay - Youth Day



The Big Dice of Peace

The Big Dices of Peace, in different versions, continue to multiply in many parts of the world! The year 2023 was marked by the inaugurations in several small towns of the Focolare Movement, among them, the International Centre, Rocca di Papa (RM), Italy.



Italy - Rocca di Papa

For its inauguration, the current President of the Movement, Margaret Karram, sent a message reminding us why every Dice, big or small, is important:

“The Dice will encourage us to fill our days with dialogue, openness to the others, understanding and true relationships, motivated by evangelical love. It will help us to discover the richness of everyone, whoever he or she may be, to consider them as a brother or a sister and to become more and more people of peace and builders of fraternity.”



Brazil - Dias D'Avila



Holland - Marienkroon



Switzerland - Montet



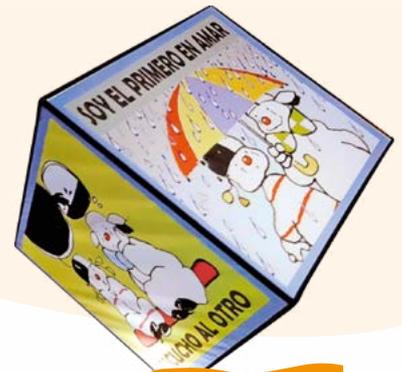
Tunisia - Médenine



Brazil - Ibiçorã



Belgium - Rotselar



Uruguay - San Jacinto



Romania - Timișoara



Brazil - Sto Antonio Platina
Dado della Terra (Eco One)



Portugal - Barquinha



Brazil - Manaus



Argentina - Merlo



Serbia - Belgrado



Brazil - Sto Antonio Platina



Uruguay - Paysandu



Portugal - Torres Novas

What are you waiting for? Together with your group/community, build the Big Dice of Peace!



[To know more, read here](#)

Educating for peace:

A COMBINATION OF ART, BEAUTY, AND SOCIAL HARMONY

“Peace and social harmony are possible when we treat others with compassion and empathy, recognising our interconnectedness as human beings.”

(Desmond Tutu, Nobel Peace Prize 1984)

Many writings on spirituality tell us that the original artist of our ‘common home’ created everything beautiful, in harmony and was satisfied with his work. To us, human beings, he entrusted it to be used, cared for and preserved also for the future generations.

In a polarised world where discord and division often prevail, it is a great challenge to educate for social harmony and the recognition of the dignity of the others, of their diversity and valuable contribution so that the peculiarities of each one can contribute to compose and define the complexity of the world.

The social disorder, due to our current global crisis, leads to an increase in social segregation, to a collective regression. The conception of justice, which takes into account the diversity of all possible human perspectives in decision-making (Piaget, 1966) and thus emphasises the universality of a canon of values (Kohlberg, 1981),

pales in favour of the perspective of individual interests. Consequently, civilisation, with its idea of the social contract, runs the risk of largely losing its emotional sensitivity to the suffering of others and looking more and more to itself. Empathy is the ability to take on the perspective of the other, to empathise with the experience of others and to mentalise them. In situations of fear, people tend to think and act in an egocentric and socio-centric way.

The results of a long tradition of research in psychology, biology and pedagogy show that human identity, behavioural standards, aesthetic and moral sensibilities are formed in interaction and cooperation with other people, i.e. in relationships (Piaget, 1966). Martin Buber (1923) coined the three-step structure from I - to you - to we, which was later elaborated by others to form the principle of dialogic learning. The psychologists James Fowler (Stages of Faith, 1981), Abraham Maslow (the scale of needs, here referring to those of transcendence), Lawrence Kohlberg (moral development) and Jean Piaget (development of cognition) continue to emphasise that the self and thus the consciousness are formed, besides in human relationships, in relation to the Transcendent, the Ultimate.



Conflict resolution or even dealing with people and nature are considered 'harmonious' by the individual when the perspectives of different actors are balanced, when inclusion occurs, when fair, just and peaceful approaches are sought to shape our common world.

Genuine social harmony requires that individual and community action should be directed towards socially harmonious activities that include dispositions and values such as compassion and respect. It is only by developing a certain form of virtue that individuals will be able to act in truly harmonious ways through respect and mutual understanding, communication, peace, freedom, fairness, justice, equality and no discrimination.

In this perspective, the beauty and harmony of nature remind us of the beauty of Creation and its precious balance involving every living being. In the 'Essential Writings', a book on spirituality, dialogue and culture by Chiara Lubich (1996, UNESCO Education for Peace Prize winner), art is seen as 'the capacity to infuse in a painting, a sculpture, an architecture, a music, something of what in the soul does not die (...)'. In this sense, since its beginning, the Living Peace International project has sought to strengthen the bonds among human beings, creating synergies and collaborations between children, young people and adults from all continents to promote peaceful coexistence and mutual enrichment, valuing art as a universal language.

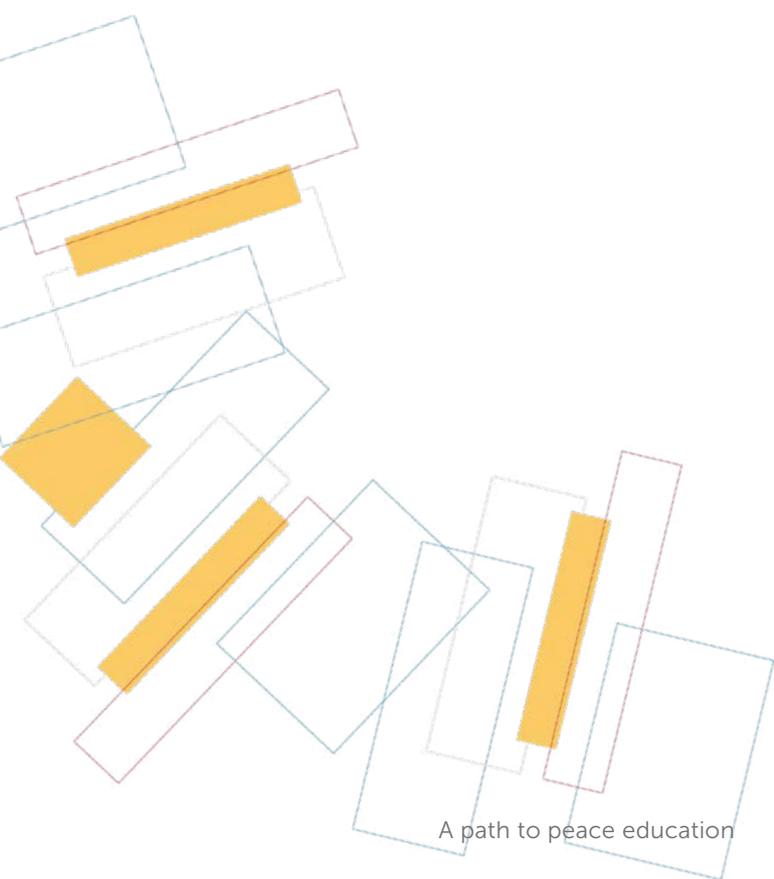
To keep on educating and raising the awareness of all those involved in the "worldwide network through project paths that focus on education for social harmony" is a priority for this biennium. We recognise and celebrate the diversity present in our society, understanding that each culture and perspective bring in themselves a unique richness. Through dialogue, understanding and collaboration, we seek to build bridges connecting individuals and communities, generating an environment of mutual respect and promoting lasting peace. It is crucial that our children and young people network, so that they can feel and think about the reality of life of others as well.

One of the most significant aspects of our work at Living Peace International is our commitment to recognise the dignity of others. We firmly believe in the intrinsic value of every person, regardless of ethnic origin, religion or social status. We strive to foster an environment where all people are valued and respected, aware that cultural diversity is the basis of human beauty.

We continue to work tirelessly to break down walls of prejudice and to promote bridges of understanding and intercultural exchange.

In this sense, one of the aspects of our work at Living Peace International is our dedication to the 'existential peripheries'. Through our proposed activities and especially our 6x1 methodology, we focus on the communities and individuals who are in the 'existential peripheries' on a daily basis, recognising the unique beauty of each person, who in their own way can contribute to this world. We firmly believe that each person is irreplaceable and deserves to be recognised and valued in their whole.

As an educational project, Living Peace International seeks to sensitise people to understand and feel what others experience, especially those who are different from us. Through the promotion of empathy, compassion and education for dialogue, we nurture people's ability to understand the realities and experiences of the others.



This perspective allows us to promote greater social harmony, fostering peaceful coexistence and valuing diversity in all its forms.

It is a great challenge and a great horizon, but we know that we are artisans of Peace. In this biennium, our work focuses on contributing, through the culture of peace, to social harmony and the beauty of our world.

We invite you to join us in this challenge!

We thank the members of the Scientific Committee (see editorial)
Marcelo Pardo
Mariline Nkafu
Peter Schuster
and Katuscia Carnà for proofreading

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***Main idea**
United World Project, Description
of 2023-2025 Campaign



Presentation Video



embrace humanity
SPARK change

ART, BEAUTY AND SOCIAL HARMONY

Let's build cities that are more inclusive*

With our 2023-2025 campaign, we want to encourage people not to divert their gaze from those who are suffering, wounded, excluded, discriminated, deprived of their rights. We want to take on their suffering and discover the unique value and beauty of every individual; in our towns and cities, everyone's role is important.

Wherever we are we want to seek ways and ideas together, to build an inclusive society, places where people can live side by side in harmony, and find fulfilment, where there is beauty in diversity, even when it is wounded.

Let's do our part to trigger the change. Be of service. Give our very best! Let's value everyone's contributions, efforts and ideas. In particular let's learn from artists, prophets of beauty and harmony, and their works. Let's involve them too. Let's be guided by The Golden Rule – "Treat others as you would like them to treat you" – present in all the main religions and currents of wisdom found within every culture of the world. Let's build together our Common Home! Let's not be afraid to roll up our sleeves. Nature herself teaches us that her most precious fruits are buried in the mud of the earth.

Live Peace!

PROPOSALS FOR ACTIONS
MADE IN COLLABORATION WITH THE
PARTNER ORGANISATIONS

Living Peace every year launches new activities to be lived in its educational realities. Each school, group or association can decide the period and the activity to be carried out, adapting it to their context, culture and religion. **What are you waiting for? Choose in which you want to take part in order to leave a mark of peace.**



#Umbrellas4Peace

This is an initiative of the American artist Matt Lamb, who, after the 11 September attacks on the Twin Towers in New York, started a workshop to help children who had lost their parents in the attack, proposing to each of them to express their feelings through colours and art by painting umbrellas. With *Mimos para tus Ojos*, Living Peace proposes to paint umbrellas with a colourful peace mandala or any other expression reflecting peace. Where possible, organise a Peace March through the city or neighbourhoods and/or organise an exhibition with the different Peace Umbrellas.

[For more information, click here](#)



Plogging

Taking care of the environment while practicing exercise, this is the formula on which plogging is based.

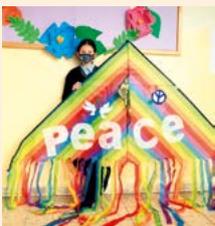
A new way to do sports:

collect garbage found in the street during your training.

For this activity groups, more schools together, institutions, municipalities, media can be involved, to achieve a greater impact of this caring of their territory.

[For more information, click here](#)

[Watch the video](#)



Winds of peace

Initiative promoted by *Mimos para tus Ojos* in strong synergy with *Living Peace International* to make peace kites and make them fly to send to the sky peace messages. Prepare with your group/class kites of the size you prefer, with mandala designs or free designs; the colours you choose will express your wishes and will give a message of peace. Let your imagination and fantasy fly!

[For more information, click here](#)

[Watch the video](#)



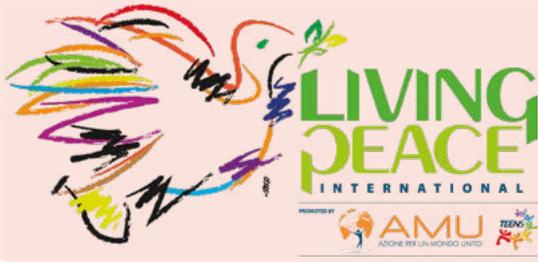
Children citizens in action

A path proposed by the Gen 4 Centre (children of the Focolare Movement) that aims to highlight the interconnection between working for Peace and other ecological and social issues. The course is based on the concept of integral ecology, a concept supported both in the religious and civil spheres. It is intended for children between the ages of 4 and 8/9, and aims to promote the empowerment of children in their own context, as citizens and promoters of change.

[Click here to access the activity](#)

[Click here to discover the many other activities proposed by Living Peace during its 10 years!](#)





IN PARTNERSHIP WITH



NGO in General Consultative Status with the United Nations ECOSOC
UNESCO, FAO, UNEP Official Partner

IN COLLABORATION WITH





Religions for Peace
BELGIUM



GENFEST 2024
**JUNOTOS
 PARA
 CUIDAR**
 TOGETHER TO CARE

GENFEST

From 12 to 24 July

Aparecida - São Paulo - Brazil

**To learn
 To connect
 To act
 To celebrate**

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LIVING PEACE
 INTERNATIONAL
 AMU

#SUPPORT PEACE!
**A small contribution
 can make a difference!**

Participate
 in the **fundraising** for the
 Living Peace International project.

How to donate?
 Go to [https://www.amu-it.eu/
 dona-online-3/?lang=en](https://www.amu-it.eu/dona-online-3/?lang=en)
 choose Living Peace International
 and make your donation!

TEENS an online
 magazine for
 adolescents
 committed to
 building a better
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Together with the adolescents in your
 class or group enter the Teens website
<https://teens.cittanuova.it/en/>, discover
 the different topics covered and you too
 become editor of the magazine.
 Send your articles to teens@cittanuova.it.

